



Vishuddha Vidyalaya, Yavatmal Dwara Sanchalit

Estb.-1972

College Of Physical Education, Yavatmal, Maharashtra.

Affiliated S.G.B.Amravati University, Amravati & N.C.T.E./UGC

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7.3 – Institutional Distinctiveness

7.3.1 – Provide the details of the performance of the institution in one area distinctive to its vision, priority and thrust.

Response:

The vision of college is to make the qualitative part of the strength for Nation building and to provide the defining Elements of Physical Education & Sports Profession. Our aim is to inculcate national values and develop pride in *Bharatiya* culture and ethos. With this basic goal in mind, emphasis is laid on Indian sports, Indian culture and Indian traditions. College participates in following activities.

- **International Yoga Day** – Students participate in International Yoga Day which is organised on 21st June every year. Emphasis of Yoga in improving life style is emphasised. Yoga postures are demonstrated.
- **Sharirik shikshan Din (Physical Education Day)** – Our College is run by Vishuddha Vidyalaya, Yavatmal. The parent body runs various educational institutions from Kindergarten (KG) to Post Graduation (PG). A combined event known as ‘Sharirik Shikshan Din’ (Physical Education Day) is organised of all educational institutions under the Management in January. Our students participate in the physical education day and skills of ‘*mallakhamb*’ are demonstrated which is our own Indian sport.

- **Samuhik Surya-namaskar programme** – Various educational institutions in Yavatmal organise a joint ‘Surya Namaskar’ (Sun Salute) programme on day of Ratha Saptami. **Ratha Saptami** falls on seventh day of Shukla paksha of Magha month. It is symbolically represented in form of Sun god turning his chariot towards northern hemisphere. It also marks the birth of Surya and is hence also celebrated as Surya Jayanti (the sun-god’s birthday). On this auspicious day, ‘Surya Namaskar’ programme is organised, where the college participates.
- **Promotion of Maharashtra sport ‘Mallakhamb’** – Mallakhamb sport has strong roots in Maharashtra, which is a typical Indian sport. Considering the relevance of Mallakhamb, particularly in Maharashtra and the expertise available in college, college is making special efforts to promote mallakhamb. One of our faculty member Dr Subhash K Dongre has expertise in Mallakhamb. Vice President of Maharashtra Amature Mallakhamb Association and Secretary of Yavatmal District Mallakhamb Association. College has entered into MOU with Yavatmal District Mallakhamb Association. Our faculty member coaches and trains the trainees who are undergoing training on Mallakhamb. Many members of Yavatmal District Mallakhamb Association (including some of our college students) take part in various competitions and activities relating to Mallakhamb. We also provide referees and arrange guest lectures and trainings for them.